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We'd love to hear your feedback, so we can
continue to improve our service to you.

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Everything To Know About Restylane Fillers

Have you ever walked past the mirror and do a double-take? On closer inspection, you see some unwanted wrinkles, folds, and it looks a little dull. When you touch your skin, it's not as baby smooth as you remember. In fact, those wrinkles seem to be getting deeper. On researching online, patients uncover dermal fillers, particularly Restylane dermal fillers, and are eager to jump in.

We get patients like these every day who want to look as good as they feel. In most cases, we do recommend Restylane. Before we cover the product, we need to discuss dermal fillers.

What are dermal fillers?

Dermal fillers are safe, non-toxic substances injected into the skin to fight wrinkles, folds, and the signs of aging. More and more people turn to dermal fillers, with

2.6 million procedures happening in 2018 alone. When a dermatologist or plastic surgeon injects the filler at various depths, the skin responds by absorbing more water and smoothing out. Dermal fillers have several functions:

- It smooths fine lines around the cheeks, eyes, nose, and mouth.
- It's a popular way to plump up and define lips.
- Dermal fillers can reduce the signs of acne scars.
- It can plump up sunken cheeks and helps contour the face.
- Some even use it for fine lines and wrinkles in the hands.
- Gives the skin a fresh, dewy appearance.

Most dermal fillers contain hyaluronic acid, a substance naturally found in the body. Hyaluronic acid helps the body retain moisture and helps lubricate the joints. When it's injected, the acid draws more water to the upper layers of the skin, reducing wrinkles, blemishes, and scars. It also enhances collagen production, which is important for the skin's health, elasticity, and hydration.

What are Restylane dermal fillers?

Several companies create and provide dermal fillers, and Restylane is one of the premier brands. Restylane is an FDA-approved dermal filler made primarily with hyaluronic acid. It appears as a clear gel, and when injected, Restylane can add extra fullness and volume. It

can also enhance the body's hyaluronic production. We use Restylane, along with other fillers, to address specific wrinkles, giving a younger appearance. This filler targets medium to severe-depth wrinkles at the dermal layer, specifically:

- Nasolabial folds or smile lines (the lines that form from the nose to the mouth)
- Marionette Lines (the lines that start from the mouth to the chin)
- And the corners of your mouth (small wrinkles that spread out when you smile or laugh)

Restylane has a 95% satisfaction rate and may last more than one year after injection.

There are a few different Restylane products you should know. At Exceptional Dermatology Care, we offer:

- Restylane Contour
- Restylane Lyft
- Restylane Refyne
- Restylane Silk

We've provided hundreds of patients with Restylane face and lip fillers. Without a doubt, it's one of the most effective and long-lasting fillers on the market. If you have medium to deep wrinkles, particularly nasolabial folds and marionette lines, Restylane may be a viable option. **This month, purchase two (2) syringes of any Restylane fillers, and get one (1) FREE.**



Skin Cancer Awareness Month

Skin Cancer Awareness Month: Be Proactive, Reduce Your Risk

More than 9,500 people are diagnosed with skin cancer every day in the U.S. In fact, more people in the U.S. are diagnosed with skin cancer every year than all other cancers combined.

However, while skin cancer is the most commonly diagnosed cancer in the country, it is also a very preventable illness. As we observe Skin Cancer Awareness Month this May, let's take an in-depth look at the disease as well as the steps that individuals can take to help reduce their risk.

Not All Skin Cancers are Created Equal

While the term skin cancer is used to describe any disease in which cancer cells form in the skin, it is important to understand that there are several types of skin

cancer, each characterized by different risk factors, symptoms, and treatments.

Squamous cell carcinoma and basal cell carcinoma are the most common types of skin cancer. These cancers develop in the squamous and basal cells of the skin, respectively, and are collectively referred to as nonmelanoma skin cancer. The National Cancer Institute notes that risk factors for nonmelanoma skin cancer include:

- Exposure to natural or artificial sunlight, including tanning beds, over a long period of time
- Fair complexion
- Actinic keratosis (rough, scaly patches of skin that develop after exposure to sunlight)
- Past treatment with radiation
- Medicines or medical conditions that suppress the immune system
- Exposure to arsenic

Melanoma is the most aggressive form of skin cancer. Although it accounts for less than one percent of skin cancer cases, it can be deadly if not detected and treated early. The National Cancer Institute has identified the following risk factors for melanoma:

- Exposure to natural or artificial sunlight, including tanning bed, over a long period of time
- Fair complexion
- History of blistering sunburns as a child or teenager



- Having several large or many small moles
- Having a family history of unusual moles or melanoma

Know What to Look For and How to Reduce Your Risk

While having a fair complexion can increase a person's risk for developing both nonmelanoma skin cancer and melanoma, people of all races and ethnicities can get skin cancer. According to the National Cancer Institute, a change on the skin is the most common sign of skin cancer, including:

- A new growth on the skin
- A sore that does not heal
- A change in an old growth

To help detect skin cancer early, individuals should regularly examine the skin on all surfaces of the body for changes, including a new mole or growth, changes in old growths or scars, changes in color, sores that do not heal, or dark bands across the nails. If you notice any of these changes on your skin, be sure to schedule an appointment with one of our providers today.



HALO®, The World's 1st Hybrid Fractional Laser

Imagine waking up every morning, looking into the mirror and falling in love with your perfect skin. Skin, so flawless, you wouldn't dare cover it with any makeup. At a young age, our skin progressively rejuvenates itself, producing a youthful and supple appearance.

Over time, the skin loses its ability to regenerate at the same rate of speed and the skin's cell turnover rate slows down resulting in dull, aging skin. Our genetics play a huge role in this aging process, this is known as intrinsic skin aging. Extrinsic skin aging is when non-genetic factors amplify the rate at which skin ages, such as UV damage, extreme climates, stress, diet, and airborne toxins.

Unfortunately, we cannot negotiate our genes and we cannot control many of the elements affecting our skin every day. Where does this leave us? A lot of people turn to expensive and invasive procedures that require ample time to recover. This

This is time spent out of work and an inability to do many basic activities. On the other hand, if the procedure is less invasive, the patient will receive slower results—both methods are equally frustrating.

The HALO® treatment does what other laser treatments cannot. Combining effective treatments with shorter downtimes, HALO is dominating the industry and putting other fractional laser treatments on the backburner. Imagine going in for a laser treatment and walking out of the office with results that are not only noticeable right away, but only get better with time. HALO is the skin resurfacing treatment for those who desire a youthful, envy-worthy appearance and who cannot afford a long recovery downtime.

In the past, you had to choose between a procedure that offered really great results but required a lengthy recovery, or a procedure with a fast recovery but marginal results. Now with HALO, you get the best of both worlds: great results with minimal downtime. HALO combines deep dermal rejuvenation with epidermal renewal for a combined synergistic effect you can't get with any other treatment. HALO creates beautiful results without the downtime of more aggressive treatments.

HALO precisely targets years of damage to your skin, including:

- Discoloration

- Enlarged pores
- Sun damage
- Poor texture
- Visible signs of aging
- Fine lines
- Uneven skin tone
- Scar revision

HALO provides an unmatched patient experience in the world of laser resurfacing. The combination of low downtime, amazing results, and an easy, comfortable treatment makes for extremely happy patients.



Before & After: HALO + BBL

All in all, HALO is a one-of-a-kind treatment that is turning back the clock for patients every day. Men and women everywhere are investing in HALO and regaining their confidence as they show off their new glowing appearance. If you desire youthful skin, with quick results and without excessive downtime, don't waste another moment and make your appointment today by **calling (714) 882-5525**. Our skilled providers at Exceptional Dermatology Care are ready to help you on your journey to flawless skin.