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We'd love to hear your feedback, so we can
continue to improve our service to you.

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What is Dysport and How Can it Reduce Wrinkles?

If you're looking to reduce wrinkles, you may have heard of Dysport. Dysport is an injectable cosmetic treatment that can be used to reduce the appearance of wrinkles and help create a more youthful look. It works by relaxing the muscles that cause wrinkles in the face, allowing your skin to appear tighter and smoother. In this article, we'll discuss what Dysport is, how it works, and the advantages of choosing this procedure over other options.

What Is Dysport?

Dysport is a prescription injection that temporarily improves the look of moderate to severe frown lines between the eyebrows in adults younger than 65. It contains botulinum toxin type A (botulinum toxin), which is a protein derived from bacteria that blocks signals from nerves to muscles, relaxing them so they don't contract and

form wrinkles on your face. Dysport injections are administered directly into targeted areas around your eyes or forehead by a qualified healthcare provider. Results typically last three to six months before another injection is needed to maintain results.

How Does Dysport Work?

The process for administering Dysport injections takes about 15 minutes per session. During the session, your doctor will assess your skin and determine where exactly to administer the injection(s). After discussing any potential side effects with you, they will proceed with injecting small doses of the medication into specific locations on your face using a very fine needle. The number of injections required will depend on which areas are being treated as well as how much wrinkle reduction you desire. It's important to discuss any potential risks or side effects before beginning

treatment with your doctor so you can make an informed decision about whether or not this treatment is right for you.

Advantages Of Choosing Dysport To Reduce Wrinkles

One advantage of choosing Dysport over other wrinkle-reducing treatments like dermal fillers or laser resurfacing is its simplicity; it requires no downtime or recovery time after each session and produces immediate results in most cases. Additionally, it has been shown to be effective in reducing even deep wrinkles quickly without surgery or other invasive treatments that require more time and money. Lastly, since it only affects certain facial muscles instead of paralyzing them entirely like some other treatments do, it still allows people who choose this method to maintain natural expressions while still looking years younger than their actual age!

If you're looking for an easy way to reduce wrinkles without surgery or downtime, then consider trying out Dysport! This injectable treatment relaxes facial muscles that cause wrinkles in order to give you a more youthful look in just 15 minutes per session—all at a fraction of the cost of more invasive treatments like laser resurfacing or dermal fillers! This month, **enjoy \$75 OFF Dysport for 2 or more treatment areas at Exceptional Dermatology Care.** Talk with one of our providers today about whether this treatment is right for you and begin enjoying beautiful skin again soon!





Taking Care of Your Skin When Traveling This Spring

It's finally springtime, which means it's time to start planning your next vacation. But before you do, don't forget about your skin care needs! Whether you're traveling for business or pleasure, there are some tips and tricks you can use to make sure your skin is taken care of during your travels. Let's explore how to keep your skin looking its best while on the go this spring.

Travel-Friendly Skin Care Products

When packing for a trip, it's important to bring along travel-friendly skin care products. Look for products that are lightweight, non-greasy, and easy to apply. As an

added bonus, many travel-friendly products also have SPF protection built in so you can keep your skin safe from UV rays while enjoying the nice weather! If you're worried about running out of product when traveling long distances, try bringing two versions of each product—one for the road and one for your destination.

Sticking to Your Routine

It can be hard to stick to a routine when on vacation or on a business trip. The good news is that you don't have to abandon all of your normal habits whenever you hit the road! Make sure that you're taking some time each day – even if it's only 10 minutes – just for yourself and your skin care routine. And don't forget about drinking enough water; staying hydrated will help keep your skin looking healthy and vibrant no matter where you go!

Don't Overdo It

It's easy to get caught up in all the fun



activities available while traveling, but remember not to overdo it! Protecting your skin from too much sun exposure is key, so make sure that you wear sunscreen throughout the day and don't stay out in the sun for too long without taking breaks. Additionally, if possible try not to expose yourself too much to allergens like pollen or pet dander since these may irritate sensitive skin types even more than usual when away from home.

Traveling can be incredibly exciting and rewarding—but it doesn't mean that you should neglect your skincare routine! By following these simple tips and tricks, you can enjoy all of the benefits of travel without compromising on taking good care of yourself - particularly when it comes to keeping your skin healthy and vibrant this spring season. So don't forget those essential items as part of packing list before hitting the road - they might just save your complexion!





How to Get Rid of Blackheads

Everyone has blackheads that they are desperately trying to get rid of at some point or another. Blackheads are a combination of dead skin cells and oil mixed together. Blackheads are black because while they sit on your pores they are being exposed to the air which in turn oxidizes them. There are several things you can do to get rid of blackheads depending on their severity. For instance, you can use a salicylic acid scrub for mild blackheads. However, you want to make sure that you aren't exfoliating every day because you don't want to over exfoliate and dry your skin out.

There are also several masks that you can apply such as a clay or charcoal mask. These types of masks help draw out oils and toxins from the skin. Besides helping with blackheads, clay and charcoal masks help reduce redness and balance the skin's overall tone. There are also various cleansers that can help reduce blackheads and contain salicylic acid. If you have black heads in concentrated areas, such as your

nose, you can use pore strips. Pore strips can be effective in small areas but aren't recommended for other parts of your face.

You can also try using an electronic brush to thoroughly clean out your pores. There are plenty of brushes on the market, so it is important that you do your research because you want to ensure that you aren't using a brush head that is too rough. If you have stubborn blackheads, try using a retinoid cream. Retinoid cream is great for reducing how sticky the cells are that clog pores. There are over-the-counter retinoid creams that work well in removing blackheads, and for stubborn blackheads you can use a prescription retinoid cream.

If you have a severe case of blackheads, you can consider oral acne medication. This type of medication is prescribed by a dermatologist or skin care specialist. Acne medication can help decrease the oil production which helps reduce the number of blackheads that appear. If you see an esthetician or dermatologist, consider a chemical peel. Chemical peels, like the Vi Peel, are great for removing the dead skin cells and dirt that is trapped in your pores. Chemical peels are also great for treating wrinkles and improving the appearance of mild scars.

Finally, it is essential that you wash your face regularly during the day and at night. It is equally important to sleep with clean sheets. Your pillowcase accumulates bacteria and dirt which transfers onto your face. This can also lead to pimples and break-outs. Having a clean face and clean sheets with proper skin care habits will reduce blackheads and help your skin appear healthy and radiant.

