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We'd love to hear your feedback, so we can continue to improve our service to you.

For questions or comments, please send us an email to liz@exceptionaldermatology.com

CONTACT

2720 N Harbor Blvd Ste. 205 Fullerton, CA 92835

(714) 882-5525 www.exceptionaldermatology.com



Understanding Belotero, the FDA-Approved Injectable for Youthful Eyes

The skin around our eyes is delicate and is often the first area to show visible signs of aging. As we age, our skin loses collagen and elasticity and becomes more prone to wrinkles and fine lines. Fortunately, advances in cosmetic treatments and techniques give way to appropriate solutions such as Belotero. This injectable dermal filler is proven to lift and support the skin around the eyes, helping to create a youthful, rejuvenated appearance. Here, we'll be exploring Belotero in detail, so you can understand the benefits it can provide to improve the appearance of the eye area.

How Does Belotero Work?

Belotero is an injectable hyaluronic acid-based dermal filler, making it a natural option EXCEPTIONAL DERMATOLOGY | 2 for cosmetic treatment. The hyaluronic acid in Belotero is similar to the hyaluronic acid present in our skin, making it a safe and effective option for rejuvenating skin around the eyes. When injected into the treated area, Belotero works to support the skin and fill in fine lines and wrinkles. The results are natural-looking, and the treatment has a relatively short recovery time.

What Can Belotero Do For You?

Belotero can help address a range of skin concerns around the eyes, including crow's feet, fine lines, and wrinkles. It can also assist in the reduction of dark circles and bags under the eyes. The treatment provides a subtle lift that can make you look more youthful and refreshed without giving you an overly dramatic, "done" appearance.

Is Belotero Right For You?

Belotero is a safe and effective option for individuals wishing to rejuvenate



their eye area. However, it's always best to consult with an experienced dermatologist to ensure that Belotero is the right treatment for you. During a consultation, your dermatologist will assess your skin and discuss your concerns. They will provide you with advice and information on the appropriate treatments to achieve your desired results.

What to Expect During Your Belotero Treatment

Belotero treatments are typically quick and straightforward, lasting anywhere from 15 to 30 minutes depending on the extent of treatment needed. Your dermatologist will administer the Belotero injections around the eyes, ensuring that the treatment area is numbed with a topical anesthetic beforehand. Belotero procedures require no downtime, meaning you can return to your daily routine immediately after treatment. However, it is essential to avoid exposure to the sun for a few days following treatment.

Belotero is a game-changer when it comes to achieving a youthful, rejuvenated appearance around the eye area. Our dermatologist, Dr. Joyce Yuan, provides specialized Belotero treatments and consultations to ensure we provide the best treatment options for our patients. **This month, enjoy 20% OFF Belotero treatments with Dr. Yuan**. Contact us today to learn more about Belotero or to schedule a consultation.



The Secret to Getting Long, Luscious Lashes with Latisse Treatment

If you have been longing for long lashes but find yourself constantly disappointed with your current ones, you're not alone. Lash loss or a decrease in lash thickness can be attributed to various reasons such as aging or certain medical conditions that affect hair growth. But don't lose hope just yet. A safe and easy solution that has been taking the beauty world by storm is Latisse treatment. In this article, we'll discuss everything you need to know about Latisse, including its safety, effectiveness, and how it works to give you the lashes of your dreams.

Firstly, what exactly is Latisse, and how does it work? An FDA-approved prescription drug, Latisse contains bimatoprost, a prostaglandin analog that works by prolonging EXCEPTIONAL DERMATOLOGY | 4

the growth phase of eyelashes. Simply put, it increases the number of hairs in the growth phase, which results in thicker and longer lashes. It's easy to use, and you can apply it at home using a sterile disposable applicator that comes with the product. Typically, patients start to see results within 8-12 weeks, and full results can be seen at around 16 weeks.

One of the most common concerns when it comes to Latisse treatment is safety. However, you can rest assured that Latisse is safe for use. In fact, Latisse was originally developed as a glaucoma treatment, and it was during clinical trials that it was discovered it could help grow eyelashes too. There are some potential side effects to be aware of, such as possible darkening of the eyelid skin, but it's incredibly rare and can be avoided by following proper application techniques. It's always best to consult with your dermatologist before starting any new treatment.

Another thing to keep in mind is the maintenance aspect of Latisse treatment. While it is a long-lasting solution, the effects will begin to wear off once treatment stops. After around 16 weeks, you may need to continue treatment, but your dermatologist will be able to advise you on the best course of action. Additionally, you should make sure to store Latisse correctly - it should be kept in a cool, dry place, and sterile applicators should only be used once to prevent bacterial infections. It's important to note that Latisse's effectiveness depends on various factors, such as age and overall health. For instance, some older adults may experience less effect than others, and while it may not work for everyone, you won't know until you try it. One great thing about Latisse is that it's been tested in clinical trials extensively, with impressive results. Compared to other temporary solutions such as falsies or extensions, Latisse is a cost-effective option that produces much longerlasting results.

This month, enjoy **15% OFF Latisse Eyelash Growth Serum**. Call us today to schedule an appointment with one of our dermatologists to find out more about Latisse and see if it's a good fit for you. With Latisse, having long, luscious lashes is finally within reach!



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Top 4 Benefits of the HydraFacial

The HydraFacial is a multi-step treatment that rejuvenates, exfoliates, hydrates and brightens the skin, hence improving the skin's overall appearance. The multi-step science behind this treatment is known as Vortex, one of the latest breakthroughs in aesthetic technology. It is the reason why the HydraFacial is moisturizing, refreshing, non-irritating and soothing, just like a combination of multiple different facial treatments. The results of this treatment leave the skin looking younger and healthier. Here are the top four benefits of the HydraFacial:

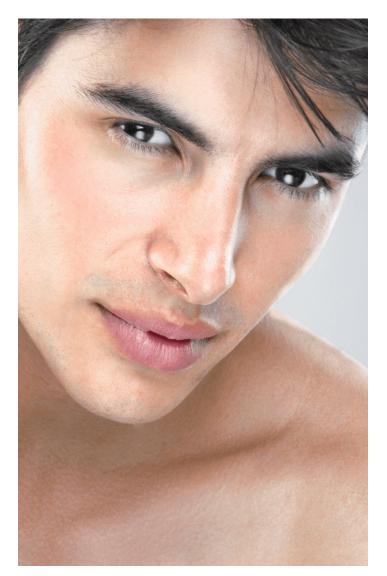
1. Fast Treatment with Immediate Results

The HydraFacial does not need special preparation like other skin treatments; it can be performed promptly. The whole process can take as little as 30 minutes to complete, and the client will see the results almost immediately. Most celebrities have undergone this treatment on a specific day that they are due on set since they EXCEPTIONAL DERMATOLOGY | 6

assured that their skin will look great in front the camera.

2. No Discomfort After Treatment

Some facial treatments may give your skin an uncomfortable burning sensation immediately after they have been performed. For this reason, patients may not return to their activities or work after the treatment. For some, it is even worse that they cannot show their skin to others after that. The HydraFacial, however, is gentle on your skin. You should not experience any pain or unpleasant reactions after the treatment is finished. In



fact, this therapy is enjoyable and relaxing overall, and the client may apply make-up immediately after and return to their normal activities.

3. Beautiful, Glowing Complexion

This treatment works instantly on any visible pores or noticeable fine lines on your face while enhancing the firmness of your skin and texture of your complexion. In addition, it makes your complexion brighter and glowy without uncomfortable aftereffects. As a result, all your skin imperfections including blackheads will vanish without a trace.

4. Healthy and Protected Skin

Mostfacial treatments are known to focus only on improving the current condition of the skin, but the HydraFacial offers a lot including the infusion of essential vitamins, moisture and antioxidants to the skin. The vitamins and antioxidants aid the skin in fighting the early signs of aging. They also protect the skin from environmental pollution and the harmful effects free radicals. The moisture keeps the skin smooth and soft and increases its elasticity to prevent fine lines and wrinkles.

A treatment like the HydraFacial is what everyone needs to keep their skin healthy and looking young. If you want to find out what this treatment can do for you, get in contact with the trusted experts at Exceptional Dermatology Care to schedule your appointment.