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We'd love to hear your feedback, so we can continue to improve our service to you.

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Introducing Vivace Ultra™ RF Microneedling

Vivace Ultra™ is a personalized treatment that combines two unique technologies, reflecting the trend towards graceful, healthy aging and skinimalism. With industry-first ultrasound visualization and unmatched precision, Vivace Ultra™ offers the most recognized radiofrequency microneedling experience. It emphasizes the importance of colorblind versatility and goes beyond the surface with tailored treatment plans.

Redefining Personalization

Vivace Ultra™ utilizes linear array ultrasound technology to visually map the skin across its large interface. This enables users to create personalized treatments for every layer of the skin, delivering effective clinical results. Developed in

collaboration with top plastic surgeons, dermatologists, and medical aesthetic practitioners, Vivace Ultra™ builds upon its best-in-class device with the support of clinical and user feedback.

Vivace Ultra™ can be used to treat a number of skin issues, such as:

- Soften fine lines and wrinkles
- Tighten skin
- Minimize pore size
- Improve skin tone and texture
- Reduce active acne
- Diminish appearance of scarring

What To Expect

Microneedling is a popular beauty treatment worldwide for rejuvenating the face, skin, and body to address signs of aging. The Vivace Experience® takes it a step further. Vivace Ultra™, the latest FDA-cleared generation of radio frequency microneedling, combines traditional microneedling, uniform RF energy, ultrasound visualization, and photo mapping. This combination allows for personalized aesthetic beauty treatments and a rejuvenated glow.

Pre-Treatment

Skin Prepping. Before the treatment, the provider will prepare the patient's skin. First, using a gentle cleanser your provider will remove excess makeup and debris from the skin's surface. Then the provider will apply a topical numbing cream (topical anesthetic cream) to the

patient's targeted treatment area(s) for 30-45 minutes. The numbing cream will aid in ensuring the patient is comfortable and virtually pain-free during their treatment. Lastly, the provider will wipe the patient's skin down with water-soaked gauze or a baby wipe and alcohol to ensure the treatment area is sterile and dry before treating.

Skin Mapping. The provider will use the Vivace Ultra™ 'Vision Handpiece' in conjunction with gel to virtually map the layers of the skin and select custom treatment settings for each treatment area.

Microneedling & Radiofrequency

Once the provider has established optimal treatment settings and the appropriate needle sets, the treatment will begin. The device combines microneedling and radiofrequency treatments into a single treatment that provides the benefits of both. The Vivace® Microneedle RF device is FDA-cleared and can treat from light to dark skin types. During the treatment, the microneedling practitioner will use the Vivace Ultra™ microneedling device enabling the 'Precision RF' Handpiece to gently insert gold-plated microneedles into the patient's skin to create collagen-stimulating, micro-injuries. As the needles create micro channels, radiofrequency energy will flow through the needles, stimulating rapid healing. The provider will do 2-3 passes depending on the treatment area(s). Vivace Ultra™ has a series of specially designed features to ensure the patient's safety



and comfort. The Vivace Ultra™ has a series of special design features meant to ensure patient safety and comfort.

Recovery & Downtime

One of the major advantages of the Vivace Ultra™ and Vivace Experience® compared to traditional microneedling is a faster recovery period. After the procedure, patients may experience minor redness or swelling in the treatment area. However, this will subside quickly and should be less significant compared to traditional microneedling. Unlike other microneedling treatments, skin redness will not be a significant concern thanks to our specialized Soothing Mask and specially formulated Boost Serum.

You may experience swelling and pink skin following your Vivace Ultra treatment. That will diminish in the first 12-24 hours. Most patients can return to their daily activities, but we don't want you to do rigorous exercise for 24 hours and avoid direct sunlight. Your skincare concerns and desired results will determine the number of treatments needed. Typically, it is 4 treatments spaced 4-6 weeks apart. When you have your consultation our providers will tailor a treatment plan just for you.

This month, enjoy 15% OFF Vivace Ultra™ RF Microneedling. Contact us today to learn more about Vivace Ultra™ RF Microneedling or call our office at (714) 882-5525 to schedule a consultation.





Understanding The Difference Between Skin Tags & Moles

As someone who is concerned about their skin health, you have undoubtedly come across skin tags and moles at some point. These growths are often harmless but can be worrying if you're not sure what you're dealing with. It's essential to understand the difference between the two so that you can properly care for your skin and seek medical attention if necessary. In this article, we will explore the unique characteristics of skin tags and moles so you can differentiate between the two.

Skin Tags

Skin tags are small, soft, and usually skin-colored growths that hang from the skin

by a tiny stem. They are also known as fibroepithelial polyps and are incredibly common in both men and women. They typically occur in areas where the skin folds, such as the neck, armpit, groin, and under the breasts. Skin tags are usually harmless and do not require medical treatment, but you may choose to have them removed for cosmetic reasons.

Moles

Moles, on the other hand, are usually darker than the surrounding skin and can be raised or flat in texture. They occur when the cells that produce pigment occur in a cluster, and they can appear anywhere on the body. Moles are common, and most people have between 10-40 throughout their lifetime. While most moles are harmless, some can develop into melanoma, a type of skin cancer. It is essential to monitor your moles for changes in size, shape, and color and seek medical attention if you notice any changes.

The Differences Between Skin Tags and Moles

Skin tags and moles have different characteristics that make them easy to tell apart. Skin tags are soft and flexible while moles are firm to the touch. Skin tags hang off the skin while moles are either flat or protrude from the skin's surface. Skin tags are usually flesh-colored while moles can be brown, black, or red. Moles have the potential to



become cancerous while skin tags are almost always benign.

Treatment

While skin tags are typically harmless, some people may opt to have them removed for cosmetic reasons. They can be removed at a dermatologist's office by cutting them off, freezing them, or burning them off with laser treatment. Moles should be evaluated by a dermatologist who will assess whether they are cancerous or not. If they are not cancerous, they can be monitored for changes or removed if they are in a location that is causing irritation or a cosmetic concern. If the mole is cancerous, it will need to be removed entirely, and additional treatment may be necessary.

If you are unsure about any skin growths, it is always best to consult with a dermatologist, who can diagnose the issue and recommend appropriate treatment. Remember, regular skin checks and sun protection are crucial in preventing skin cancer and maintaining healthy skin.



How Skin Changes In The Fall & What To Do

Your summer skin and fall skin will look and feel differently, as the seasons change so should your skin care routine. The weather has a direct effect on our skin whether we like it or not. Everyone has a different skin type; however, everyone can benefit from altering their summer skin care routine to a routine more suited for fall weather. Below are several tips that can help repair sun damaged skin from the summer and will prepare your skin for the colder months that lie ahead.

The first thing you want to do is to increase your antioxidant intake. Antioxidants will help neutralize your skins appearance. Antioxidants have a plethora of benefits that range from correcting signs of age, helping prevent sunburns, helping the skin repair itself, and brightening skin tone. Antioxidants also help with skin brightening because they fight against abnormal skin pigmentations. Antioxidants like Vitamin

C help stimulate collagen production which is what helps our skin look youthful and refreshed.

Next, you want to switch to extremely hydrating but gentle skin products. It is essential to switch to hydrating products during the fall because the weather tends to be colder. Hydrating skin care products will make your skin less itchy and give your skin a balanced even tone that isn't red or blotchy. Also, cold weather makes the skin crack therefore hydrating lotions and serums can help alleviate any rashes or tears the weather may cause.

As relaxing and tempting it is to take hot baths, reduce your bath time for the sake of your skin. Soaking in a hot bath for an extended period will dry out your skin. If you are in deep need for a bath, make sure to keep the water lukewarm.

Once you have dried yourself off, lather your skin with moisturizer from top to bottom. Your skin will absorb the product into your pores therefore preventing your skin from becoming dry.

During the fall, your skin can benefit from a chemical peel. If you've been thinking of getting a skin care treatment but are unsure on which one, we recommend a chemical peel, like the Vi Peel, to help exfoliate the skin. Also, if your skin is looking a little dull, a chemical peel will help improve the skin's color, tone, and texture. It a great treatment to help get rid of breakouts and smoothing away fine lines and wrinkles. If a chemical peel isn't in your budget, try exfoliating consistently to give your skin that bright natural glow you desire. Exfoliating twice a week during colder months will get rid of dead skin cells.

Bottom Photo: Before & After Vi Peel

