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Dysport Explained: Your Guide to Smoother, Wrinkle-Free Skin

For many people, reducing wrinkles and fine lines is more than just vanity—it's about rejuvenation and boosting confidence. One injectable treatment that's frequently mentioned alongside Botox in conversations about skincare is Dysport. But what exactly is Dysport, and what makes it unique? If you're considering it as part of your skincare plan, here's everything you need to know.

What Is Dysport?

Dysport is an FDA-approved injectable treatment designed to temporarily smooth out wrinkles and fine lines, particularly those caused by repeated facial movements such as frowning, squinting, or raising your eyebrows. Like Botox, Dysport contains botulinum toxin type A, a neurotoxin that relaxes specific muscles to reduce the appearance of wrinkles.

Although it shares similarities with Botox, Dysport has distinct properties and applications that make it a leading choice for many individuals seeking a refreshed, youthful appearance.

How Does Dysport Work?

When injected, Dysport temporarily blocks the signal between nerves and muscles. This prevents targeted muscles from contracting, which in turn helps smooth out wrinkles and fine lines in the overlying skin.

It's most effective for treating moderate to severe "dynamic wrinkles"—these are the wrinkles formed from everyday expressions like smiling or frowning. Common treatment areas for Dysport include:

- Forehead lines
- Glabellar lines (also called "11s," the vertical lines between the eyebrows)
- Crow's feet (the lines around your eyes)



The goal isn't to freeze your face but to subtly relax the treated areas while still allowing for natural movement and expression.

Dysport vs. Botox: What's the Difference?

It's no secret that Botox has become a household name in the world of injectables. However, Dysport brings its own set of advantages that make it a compelling alternative in some cases. Here's a quick comparison:

Onset and Duration

Dysport may take effect faster than Botox, often within 2-3 days, compared to Botox's 3-5 days.

Both treatments provide temporary results, typically lasting 3-4 months. However, the effects of Dysport may last slightly longer in some patients.

Spreadability

Dysport has a thinner consistency compared to Botox, allowing it to spread over a larger area. This can make it especially effective for treating larger areas, such as the forehead.

Dosage

Dysport units differ from Botox units, with Dysport typically requiring more units per treatment. However, this doesn't necessarily mean it's less



effective—it's simply a different formulation.

The choice between Dysport and Botox ultimately depends on factors like your treatment goals, anatomy, and your injector's expertise.

Who Is Dysport Best For?

Dysport is ideal for individuals looking to address dynamic wrinkles caused by repetitive expressions. It's a great option if:

- You want to reduce wrinkles without surgery.
- You're seeking fast-acting results.
- You need treatment for a larger or broader area.

Before proceeding with Dysport, a consultation with a qualified professional is crucial. They'll assess your skin, discuss your goals, and recommend a customized plan tailored to your needs.

The Dysport Treatment Process

Curious about what to expect if you decide to proceed with Dysport? Here's a simplified breakdown of the process:

1. Initial Consultation

You'll meet with a healthcare professional to review your medical history, discuss your concerns, and determine if Dysport is the right fit for you.

2. Treatment Day

The injection process typically takes 30-45 minutes, making it a convenient "lunchtime procedure." A small needle is used to inject Dysport into the targeted areas, and most patients report minimal discomfort.

3. Aftercare

Post-treatment, you may experience mild redness, swelling, or bruising at the injection site, but these effects usually subside within a day or two. You can resume most normal activities right away but should avoid strenuous exercise and lying down for at least 4 hours after the procedure.

4. Visible Results

You can expect to see noticeable results within a few days, with full effects visible after about two weeks. From there, you'll enjoy smoother, refreshed skin

for up to several months.

Is Dysport Safe?

Yes, Dysport is considered safe when administered by a qualified and experienced professional. It has FDA approval and has undergone rigorous testing to ensure its safety and efficacy. However, like any medical treatment, it carries a small risk of side effects.

Common side effects include:

- Mild bruising or swelling at the injection site
- Temporary headache
- Slight muscle weakness in neighboring areas

Severe side effects are extremely rare but may include allergic reactions or drooping eyelids (ptosis). By choosing a board-certified injector, you can minimize these risks and ensure a safe experience.

The Benefits of Dysport

Wondering why Dysport is so popular among patients and professionals alike? Here are the standout benefits:

Natural-Looking Results: Dysport softens wrinkles while maintaining natural expressions.

Non-Invasive: No surgery, no downtime—just quick and effective results.

Preventative Care: Younger individuals



often use Dysport as a preventative measure to delay the onset of deeper wrinkles.

Boosted Confidence: Many patients report feeling more confident and refreshed post-treatment.

Is Dysport Right For You?

If you're seeking a non-surgical solution to smooth fine lines and wrinkles, Dysport could be the game-changer you've been looking for. By focusing on your unique facial anatomy and goals, Dysport delivers results that enhance your natural beauty without overdoing it.

Remember, every face is different, so a personalized consultation is essential. This treatment isn't just about looking younger—it's about looking and feeling your best.



Epionce Intensive Nourishing Cream: Your Key to Glowing Skin

Keeping skin healthy, radiant, and youthful-looking can sometimes feel like an uphill battle, especially if you're dealing with dryness or visible signs of aging. Enter Epionce Intensive Nourishing Cream, a game-changing skincare hero that combines superior hydration with advanced anti-aging benefits.

Award-winning and dermatologist-recommended, this ultra-rich moisturizer doesn't just hydrate—it transforms. Packed with skin-boosting botanicals and powerful ceramides, it's ideal for your face, neck, and décolletage. Think of it as your ultimate nighttime companion for rejuvenation and radiance.

Curious about what makes this product a standout? Keep reading for a breakdown of its key ingredients, benefits, and why it's a must-have for your skincare routine.

What Makes Epionce Intensive Nourishing Cream Special?

Epionce Intensive Nourishing Cream isn't your run-of-the-mill moisturizer. This luxurious product has been crafted with maximum levels of key ingredients, aiming to deliver visible results that go beyond hydration. Here's what sets it apart from other face creams on the market:

Scientifically Backed Formulation

At the core of this cream is a blend of science and nature, designed to target photoaged, dry, or aging skin. Its unique formula works to visibly reduce fine lines and wrinkles while promoting skin radiance. Rich yet lightweight, it's suitable for all skin types.

Award-Winning Excellence

When a product gets crowned by reputable sources like *Women's Health Magazine* and *Prevention Magazine*, you know it's worth noticing. Named "Best Rich Moisturizer for Dry Skin" in 2020 by *Women's Health* and recognized as "Best for Dry Skin" in the 2022 *Healthy Skin Awards* by *Prevention*, this cream is proven to impress both experts and users alike.

Targeted for Nighttime Rejuvenation

While you sleep, your skin switches into repair mode. That's when the Epionce Intensive Nourishing Cream works its

magic, providing deep hydration and serious nourishment when your skin needs it most.

Keep reading to discover the ingredients that make this cream truly shine.

Key Ingredients Behind Its Transformative Power

The effectiveness of the Epionce Intensive Nourishing Cream stems from its carefully selected blend of botanicals and ceramides. Here's what each ingredient brings to the table:

1. Acacia Seed

This plant-derived ingredient is celebrated for its ability to lock in moisture. Acacia Seed creates a barrier that keeps skin hydrated for longer periods, leaving it plump and smooth.

2. Maca Root

Often referred to as "Peruvian Ginseng," Maca Root is packed with antioxidants that help combat free radical damage, which is a major contributor to skin aging. It supports elasticity and promotes a youthful glow.

3. Green Algae

A superstar in anti-aging formulations, Green Algae is known for its high concentration of vitamins, proteins, and antioxidants. It helps boost skin firmness and smooths out texture while



protecting against environmental stressors.

4. Ceramides

Ceramides are the building blocks of your skin's barrier function. They help lock in moisture, repair damaged skin, and enhance overall elasticity, making them an essential component for tackling dryness and sensitivity.

These high-performing ingredients are combined in an ultra-rich, luxurious formula that both nourishes and revitalizes.

Benefits of Using Epionce Intensive Nourishing Cream

There's a reason beauty editors, dermatologists, and customers swear by this cream. Here are the top benefits you can expect:

1. Deeply Hydrates All Skin Types

From combination skin to severely dry,

the Intensive Nourishing Cream is suitable for everyone. Its deeply hydrating formula ensures your skin feels supple and comfortable without feeling greasy.

2. Combats Fine Lines and Wrinkles

Whether you're starting to notice smile lines or dealing with established wrinkles, this cream visibly softens lines, leaving your skin smoother and more youthful-looking.

3. Promotes Radiant Skin

Beyond hydration, this moisturizer is all about improving your skin's radiance. The inclusion of botanical extracts ensures a luminous, healthy glow over time.

4. Ideal for Photoaged Skin

If years spent in the sun have caused discoloration, rough texture, or dullness, the Intensive Nourishing Cream is your ally in reversing visible signs of photoaging.

5. Perfect for Nighttime Use

Thanks to its ultra-rich texture, this cream is a powerhouse when it comes to overnight repair. Wake up to skin that feels rejuvenated and refreshed.

By incorporating the Epionce Intensive Nourishing Cream into your nighttime skincare routine, you're giving your skin the best chance to repair and restore—

leaving it healthier and glowing.

How to Use

To maximize the benefits of the Epionce Intensive Nourishing Cream, follow these steps:

- 1. Cleanse:** Start with a clean face by using a gentle yet effective cleanser.
- 2. Tone:** Apply a toner suitable for your skin type to prep your skin.
- 3. Apply:** Using your fingertips, massage a small amount of the Intensive Nourishing Cream onto your face, neck, and décolletage in upward strokes.
- 4. Layer (Optional):** If you use specific serums or treatments, feel free to apply them before this cream for an added boost.
- 5. Relax:** Use it as part of your evening routine to wake up with hydrated, radiant skin.



Pair it with other Epionce products, like their signature cleansers or sunscreens, to complete your skincare regimen.

Elevate Your Skincare Routine Today

Your skin deserves the best, and the Epionce Intensive Nourishing Cream delivers exactly that. With its award-winning, science-backed formula, it's a must-have for anyone looking to tackle dryness or fine lines while achieving radiant, hydrated skin.

If you've been searching for a night cream that blends luxury with real results, your search ends here.

Take the first step toward healthier, more radiant skin—because nothing should stand between you and confidence.





When Is It Important to Get Mole Removal?

Moles are common skin growths that most people will develop at some point in their lives. While they are often harmless, there are situations when mole removal is worth considering, whether for cosmetic reasons or health concerns. But how can you tell when it's more than just a small spot on your skin, and it's time to act?

We'll break down when mole removal might be necessary, the potential risks of leaving certain moles untreated, and what to expect during and after a removal procedure. By the end, you'll have a clear understanding of whether mole removal is the right decision for you.

Why Consider Mole Removal?

Most moles are harmless, and in many cases, they remain unchanged for years. However, there are two main reasons why individuals seek mole removal:

1. For Cosmetic Purposes

Moles, especially those located on visible areas like the face, neck, or hands, can sometimes lower self-esteem if they make someone feel less attractive. If you find that an unsightly mole impacts your confidence, mole removal can be a great way to enhance your appearance and regain self-assurance.

Cosmetic mole removal is often a simple procedure, and modern techniques ensure minimal scarring, leaving you with smooth skin and a boost in confidence.

2. For Health Reasons

Health concerns are the most critical reason to consider mole removal. While most moles are benign (non-cancerous), some could develop into melanoma, a dangerous form of skin cancer. Identifying at-risk moles and acting early could prevent serious health complications.



Signs You Should Get a Mole Checked

It's essential to monitor your moles and know the warning signs that indicate a mole might require medical attention. When examining moles, dermatologists often refer to the ABCDE rule:

A - Asymmetry: One half of the mole doesn't match the other half.

B - Border: The mole has irregular or blurred edges instead of smooth, defined borders.

C - Color: The mole has an uneven color with shades of brown, black, red, white, or blue, rather than a uniform hue.

D - Diameter: The mole is larger than 6 mm (about the size of a pencil eraser).

E - Evolution: The mole changes over time, growing in size, shape, or color, or starting to itch, bleed, or crust.

If a mole displays any of these characteristics, it is crucial to visit a healthcare provider for evaluation. Early detection of melanoma can significantly improve treatment outcomes.

Other Symptoms to Watch For

Beyond the ABCDE rule, you should also seek medical advice if a mole:

- Becomes painful or tender to touch
- Starts bleeding or oozing fluid



- Shows signs of inflammation, such as redness or swelling

When Mole Removal Is the Right Choice

1. To Address Unusual Skin Changes

If your healthcare provider identifies a mole with unusual features or skin changes, they may recommend removing the mole to perform a biopsy. This is a preventive measure to ensure the mole is benign or to catch early signs of skin cancer.

2. To Prevent Future Issues

Even if the mole is currently benign, doctors may recommend removal if there's a high risk that it could become cancerous. This might be the case for individuals with a family history of skin cancer or if the mole repeatedly experiences irritation due to shaving or clothing friction.

3. To Improve Quality of Life

Some moles develop in areas where they are prone to irritation, like the armpits, under the bra line, or along the waistband. If a mole is causing discomfort or regularly catching on clothing or jewelry, removal could drastically improve your quality of life.

4. To Boost Confidence

You don't need a medical reason to remove a mole if it's something that bothers you aesthetically. Cosmetic mole removal is a common procedure that allows individuals to feel more confident in their skin.

How Is a Mole Removed?

Mole removal is typically a straightforward procedure performed by a healthcare provider. While the specific method may depend on the mole's size, type, and location, here are the most common removal techniques:

1. Shave Excision

This technique is often used for moles that are raised above the skin. The doctor uses a small blade to shave the mole flush with the skin's surface. This method doesn't usually require stitches and often results in minimal scarring.

2. Surgical Excision

For moles that are deeply rooted or

potentially cancerous, surgical excision may be necessary. This involves removing the mole along with a small margin of surrounding tissue to ensure complete removal. The area is then closed with stitches.

3. Laser Removal

For specific types of benign moles, laser removal might be an option. A high-intensity laser targets the pigment in the mole, causing it to break down and fade over time. This method isn't typically used for larger or suspicious moles.

What to Expect After Mole Removal

After mole removal, the treated area may feel tender and bruise slightly, but these side effects are short-lived. Follow these basic aftercare steps for smooth healing:

- Keep the area clean and dry to prevent infection.
- Apply any prescribed antibiotic cream as directed.
- Avoid sun exposure on the treated area, as UV rays can darken scars.

The time it takes to heal fully depends on the method used, but your provider will provide additional guidelines based on your specific procedure.

Make an Empowered Choice

Mole removal is about more than



aesthetics—it's a proactive step that can boost your confidence and safeguard your health. Whether you're concerned about a suspicious mole or simply want to enhance your appearance, understanding when and why removal is important helps you make informed decisions.

If you're unsure whether mole removal is right for you, consult a healthcare provider. They can assess your unique situation and recommend the most suitable course of action. Considering your next step? Book a consultation with our skin expert today and take charge of your skin health.