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# EXCEPTIONAL DERMATOLOGY





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DERMATOLOGY CARE

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We'd love to hear your feedback, so we can continue to improve our service to you.

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# 5 Reasons Why Restylane Kysse is a Fantastic Filler for Lips

Lip fillers have become one of the most sought-after cosmetic procedures, greatly admired for their ability to add volume, redefine lip contours, and provide a boost of confidence. However, with so many filler options on the market, it can sometimes be overwhelming to choose the best one for achieving natural, beautiful, and long-lasting results.

Enter Restylane Kysse—a game-changing filler that has stolen the spotlight in the world of lip enhancements. Specifically designed for the delicate lip area, Restylane Kysse offers exceptional results that feel as natural as they look. Whether you're seeking a subtle enhancement or a more dramatic change, there are numerous reasons why this revolutionary filler could be an ideal choice for you.

Here are five compelling reasons why Restylane Kysse is favored by providers and patients alike for lip augmentation at Exceptional Dermatology Care.

## 1. Natural-Looking Results with Advanced Technology

Restylane Kysse was developed using innovative XpresHAn Technology™, which sets it apart from traditional dermal fillers. Unlike older fillers, this advanced formulation allows the gel to integrate seamlessly with the tissue in your lips.

The result? Lips that look natural, move naturally, and never feel stiff or over-filled. This technology ensures that you can smile, laugh, and express yourself comfortably while enjoying your subtly enhanced appearance.

For individuals looking for a plumper pout without the obvious “done” look, Restylane Kysse strikes the perfect balance between definition and authenticity.

## 2. Soft Texture for a Comfortable, Kissable Feel

One of the biggest concerns many people have about lip fillers is whether their lips will feel unnatural or overly firm after treatment. Restylane Kysse puts these worries to rest.

Thanks to its hyaluronic acid-based formula, Restylane Kysse provides a soft, lightweight, and pillowy texture that feels completely natural to the touch. It's so subtle that many patients report their partners don't even notice a difference in texture, only in appearance!

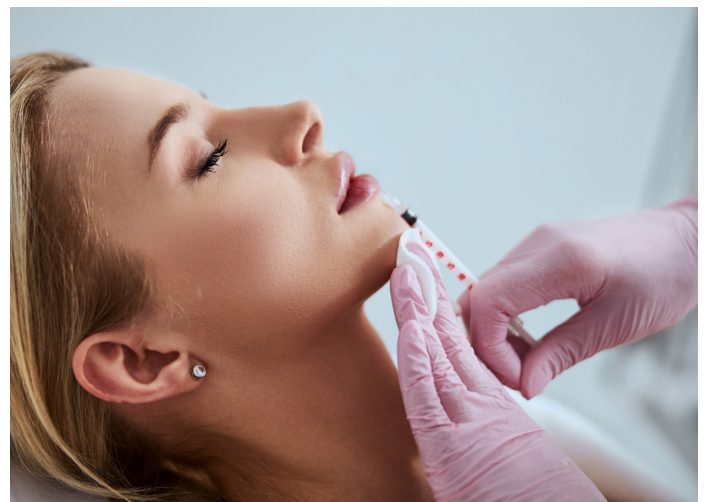
When you opt for Kysse, you're not just enhancing the way your lips look—you're elevating the way they feel, staying true to their “kissable” reputation.

## 3. Customizable Enhancements for Every Aesthetic

No two pairs of lips are the same, which is why Restylane Kysse is favored for its ability to cater to individual aesthetic goals. Whether you're after better hydration, a well-defined cupid's bow, or more symmetry between your top and bottom lips, this filler can do it all.

The injectable allows for precise application, making it suitable for minor tweaks or full-volume transformations. Additionally, its ability to hold shape while maintaining flexibility means your enhancements will complement the unique anatomy of your lips, no matter what look you're aiming for.

At Exceptional Dermatology Care, we work closely with patients to ensure their lip enhancements are perfectly





tailored to meet their expectations.

#### **4. Long-Lasting Results You Can Count On**

Restylane Kysse is not only effective but also highly durable. Many fillers require frequent touch-ups, with results fading quickly over time. Kysse, however, offers longer-lasting results that can go up to 12-15 months with proper care.

This longevity means fewer clinic visits and reduced maintenance costs, making it a cost-effective choice for those seeking consistent, beautiful lips.

Additionally, the gradual fading of Restylane Kysse ensures that your enhancements diminish naturally, eliminating any abrupt changes in appearance.

#### **5. Hydration and Volume, Without Overdoing It**

Because it's composed of hyaluronic acid—a substance that naturally occurs

in the body—Restylane Kysse not only adds volume to your lips but also helps to enhance overall hydration.

Hyaluronic acid is known for retaining moisture, improving elasticity, and delivering a plump, youthful appearance. Restylane Kysse supports these benefits while avoiding an overfilled look, giving you lips that appear naturally hydrated and healthy.

Even individuals with thinner lips or concerns about dryness can benefit from Restylane Kysse's restorative properties, making it a fantastic option for enhancing and rejuvenating all lip types.

#### **Why Restylane Kysse is a Favorite for Lip Augmentation**

When it comes to lip fillers, not all products are created equal. Whether it's the advanced technology of XpresHAn, the natural feel, or the long-lasting results, Restylane Kysse shines as one of the top choices for lip enhancement.

If you're ready to explore the possibilities of fuller, beautifully enhanced lips, we'd love to help you get started. At Exceptional Dermatology Care, our healthcare providers give expert guidance to ensure you achieve the lips you've always wanted while maintaining a natural appearance. Contact us today to schedule a consultation and take the first step toward boosting your confidence and celebrating your beautiful, kissable lips!





# Look Your Best This Valentine's Day with Botox

Valentine's Day is right around the corner, and whether you're planning a candlelit dinner, a casual outing, or simply celebrating you, everyone deserves to feel confident and radiant. Refreshing your appearance could be the perfect way to elevate your confidence and truly shine on this special day.

If you're searching for a quick, effective way to soften fine lines and enhance your natural beauty, Botox might just be your answer. Renowned for achieving smooth, glowing skin with minimal effort and downtime, Botox treatments are increasingly becoming a go-to option for those who want subtle yet stunning results.

At Exceptional Dermatology Care, we take pride in offering highly personalized Botox treatments, designed to help you look your best while maintaining a natural,

refreshed appearance. Here's everything you need to know about preparing for Valentine's Day with Botox.

## What Is Botox and How Does It Work?

Botox is one of the most popular cosmetic treatments available today, and for good reason. This FDA-approved neuromodulator works by temporarily relaxing the muscles responsible for dynamic wrinkles—those lines that form from repeated facial movements like frowning, laughing, or squinting.

When injected by a skilled professional, Botox softens the appearance of fine lines and wrinkles, creating a smoother, rejuvenated look while maintaining your natural facial expressions. The best part? It's a quick, minimally invasive procedure with no required downtime, so you can effortlessly fit it into your pre-Valentine's Day schedule.

Common areas treated with Botox include:

- Forehead lines
- Crow's feet (lines around the eyes)
- Frown lines (the "11s" between your eyebrows)
- Bunny lines (wrinkles across the nose)
- Subtle lip flip

If you're unsure which areas would benefit most from Botox, your provider can guide you through the process during a personalized consultation.

## Why Choose Botox Before Valentine's Day?

Valentine's Day is the perfect excuse to invest in yourself, and Botox offers a range of benefits that make it ideal for this occasion.

### 1. Fast and Convenient Results

One of the reasons Botox is so popular is because it delivers noticeable improvements within days. By getting treated a week or two before Valentine's Day, you'll be able to enjoy smoother skin and enhanced confidence just in time for your celebration. The procedure itself is quick, often lasting just 15 to 30 minutes, making it easy to squeeze into even the busiest schedules.

### 2. Subtle, Natural-Looking Enhancements

At Exceptional Dermatology Care, we specialize in achieving natural, understated results. Our expert injectors



tailor each treatment to your unique facial structure and goals, ensuring you look like the best version of yourself—not “overdone” or artificial. With Botox, you can maintain your unique expressions while softening the appearance of lines and wrinkles.

### 3. Boosted Confidence

Feeling great about how you look can have a significant impact on your confidence. Botox can help you feel more self-assured on Valentine’s Day, whether you’re dressing up for a romantic date, meeting friends, or simply enjoying some much-deserved self-care. A refreshed, radiant appearance is often the perfect pick-me-up.

### 4. Minimal Downtime

Unlike more invasive treatments, Botox requires virtually no downtime, allowing you to get back to your daily activities right away. This makes it an excellent option for those planning last-minute Valentine’s Day preparations. Just remember to avoid strenuous exercise or lying flat for a few hours post-treatment.

### What to Expect from Your Botox Appointment

For anyone considering Botox for the first time, it’s natural to feel curious (or even a little nervous) about what the treatment entails. The good news? It’s a straightforward and comfortable



process. Here’s what you can expect from your Botox appointment at Exceptional Dermatology Care.

### 1. Consultation

Your experience begins with a comprehensive consultation with one of our healthcare providers. We’ll discuss your aesthetic goals, assess your facial structure, and identify areas that can benefit from treatment. This ensures a personalized approach tailored to your unique needs.

### 2. The Injection Process

Botox injections are relatively painless and quick. Using a fine needle, your provider will administer the solution into the targeted muscles. You may feel a slight pinch, but discomfort is minimal, and the procedure typically takes less than 30 minutes.



### 3. Aftercare and Results

Following treatment, you'll receive simple aftercare instructions to maximize your results. While results aren't immediate, you'll notice changes within 3 to 5 days, with full effects visible after about 2 weeks. These effects typically last 3 to 4 months, making Botox a long-lasting addition to your beauty routine.

#### Enhance Your Confidence with Exceptional Dermatology Care

At Exceptional Dermatology Care, we're committed to helping each patient achieve radiant, natural-looking results. Our team of experienced healthcare providers combines medical expertise with an artistic touch to deliver Botox treatments that enhance your natural beauty without compromising authenticity.

We prioritize personalized care and open communication, ensuring you feel confident and informed every step of the way. Whether you're new to Botox



or seeking a trusted provider for your next appointment, we're here to make you feel supported and confident.

#### Self-Care Is the Best Valentine

This Valentine's Day, make self-care your priority—and Botox might just be the perfect way to treat yourself. Whether you're smoothing fine lines, brightening your expression, or simply taking a moment to invest in your confidence, Exceptional Dermatology Care is here to help you put your best face forward. The mirror doesn't lie, and neither will the boost in self-esteem you'll feel after seeing the results. Feeling ready to shine?

Book your Botox appointment today and fall in love with the skin you're in.

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# February is National Cancer Prevention Month – Why You Need a Skin Cancer Exam

National Cancer Prevention Month in February shines a much-needed spotlight on cancer awareness, prevention, and early detection. While various types of cancer take center stage during this time, skin cancer remains an area that demands urgent attention. Did you know skin cancer is the most common cancer in the United States? The good news is, unlike many other forms of cancer, it is also one of the most preventable and treatable cancers if detected early.

This February provides the perfect opportunity to take a proactive step in your health by getting a skin cancer exam. Here's why it matters and what you can expect from the process.

## Understanding Skin Cancer – The Basics

### What is Skin Cancer?

Skin cancer arises when there is an abnormal growth of skin cells, often caused by excessive exposure to ultraviolet (UV) radiation from the sun or tanning beds. The three primary types of skin cancer are as follows:

**Basal Cell Carcinoma (BCC)** – The most common form of skin cancer, BCC develops in the basal cells in the skin. While it's rarely life-threatening, it can cause disfigurement if left untreated.

**Squamous Cell Carcinoma (SCC)** – Often caused by prolonged UV exposure, SCC forms in the outer layers of the skin and has the potential to spread if not caught in time.

**Melanoma** – The deadliest form of skin cancer, melanoma starts in the melanocytes (the cells that produce pigment in the skin). Early detection is crucial to prevent its spread.

### Why Skin Cancer is the Most Common Type

Skin cancer's prevalence stems from its primary cause—UV exposure. According to the Centers for Disease Control and Prevention (CDC), even five or more sunburns in your lifetime can double your risk of developing skin cancer. With over 97 million Americans

reporting sunburn annually, it's no surprise this cancer tops the charts. Fortunately, awareness and regular skin examinations can significantly reduce the risks.

### Why a Skin Cancer Exam is Crucial

A professional skin cancer exam performed by a dermatologist is one of the most effective ways to detect skin cancer early. Early treatment of skin cancer (especially melanoma) leads to better outcomes and higher survival rates.

Here's why you should prioritize a skin cancer exam during National Cancer Prevention Month this February:

**Early Detection Saves Lives** – Most forms of skin cancer, especially melanoma, are treatable when caught early. Waiting until symptoms worsen can lead to invasive treatments and long-term consequences.





## Visual Checks Alone Aren't Enough

– While self-checks are essential, a trained dermatologist can catch abnormalities you might overlook or misinterpret.

## Skin Cancer Doesn't Discriminate

– Contrary to common belief, skin cancer affects individuals of all ages, skin tones, and lifestyles. It's not just something to worry about after decades of sun exposure.

## What to Expect During a Skin Cancer Screening

If you've never had a skin cancer screening, you might find the idea intimidating. But rest assured, the process is fast, non-invasive, and potentially life-saving. Here's what typically happens during a skin cancer exam:

**1. Medical History Overview:** Your healthcare provider will ask about your medical history, including family history of skin cancer, past sunburns, or excessive tanning.

**2. Full-Body Skin Check:** The healthcare provider will examine your skin from head to toe, looking for any unusual moles, spots, or discolorations, especially in sun-exposed areas. Remember to mention any changes you've noticed, such as new moles, itchiness, or bleeding spots.

**3. Potential Next Steps:** If any suspicious areas are found, a biopsy may be



recommended for further analysis. This involves the dermatologist removing a small sample of skin to be tested for cancer.

The entire process typically takes less than 45 minutes but offers peace of mind that could last a lifetime.

## Preventing Skin Cancer Year-Round

While National Cancer Prevention Month is the perfect time to schedule a skin cancer exam, proactive measures throughout the year are key to reducing risk. Here are some tips to protect your skin from UV damage and minimize your cancer exposure risk:

**Use Sunscreen Daily** – Opt for broad-spectrum sunscreen with an SPF of 30 or higher and reapply every two hours when outdoors.

**Prioritize Shade** – Whenever possible, stay in the shade during peak UV hours

(10 a.m. to 4 p.m.).

**Avoid Tanning Beds** – Artificial UV rays are just as harmful as the sun’s rays and can increase your risk of both melanoma and non-melanoma skin cancers.

**Wear Protective Clothing** – Hats, sunglasses, and long-sleeved clothing can create an extra layer of protection against harmful UV radiation.

**Perform Regular Self-Checks** – Examine your skin every month for any changes in moles or new spots, and follow the “ABCDE” rule to identify potential melanomas (asymmetry, border irregularities, color changes, diameter larger than a pencil eraser, and evolving appearance).

### **Inspiring a Culture of Prevention**

National Cancer Prevention Month isn’t just about individual action; it’s also an opportunity to raise awareness and inspire those around you to prioritize



health. Encouraging family members, friends, or colleagues to get screened can collectively make a difference in catching skin cancer early and reducing its long-term effects.

### **Take Action this February**

Skin cancer may be the most common cancer in the U.S., but it’s also one of the most preventable and treatable. This February, as we observe National Cancer Prevention Month, consider scheduling a skin cancer screening—not just for yourself, but for the peace of mind it can bring to your loved ones.

Prevention starts with small steps, and a skin exam is a simple yet powerful action you can take today. Protect the skin you’re in—because catching skin cancer early saves lives.

